

Eden Prairie Figure Skating Club

Summer 2015 Ice Schedule

June 8-August 21 11 weeks

Additions to Summer Ice Schedule

15 Minute Power Class \$7.00 (Rotating Coaches)

Designed to improve endurance and strengthen muscles. Time will be spent focusing on edge control, posture and arm placement. 1 to 8 Ratio. **This class does not count toward a skaters 2 session minimum.**

Presentation Class \$14.00 (taught by Heidi Evers)

The class will focus on heightening skaters' attention to on-ice presentation. Exercises will aim to increase artistry, flow, skating skills, and musicality. Developing these traits will enable skaters to grasp learned steps and choreography at a faster pace and, therefore, will allow advancement in the sport at all levels.

This class does not count toward skaters 2 session minimum.

NO ICE:

Notes:

1. Due to the minimum requirement of 2 sessions per week, skaters must be sure to contract for sessions in June, July and Aug.
2. Please note the June schedule runs through **JULY 3rd**, July Schedule begins **JULY 5th**
3. Skaters not in Jr. Club may contract for session # 11A and #10B and #11C. A spins class will be taught at this time for skaters not in Jr. Club.
4. **NO Club ice Friday July 3rd and Friday July 31**

Policies:

- (1) All sessions (except Junior Club/Spins and Presentation/Power Class) have a limit of 22 skaters.
- (2) Junior Club/Spins skater to coach ratio will be 6:1 maximum.
- (3) There are no exchanges (make-ups) for missed Junior Club/Spins, Power and Presentation Class

Fees:

45 Minute session:

2 = \$13.00

3+ = \$11.00

Jr. Club/Spins

\$14.00

Competitions:

June 19-20 McCandles at Braemar

July 17-19 Skate St. Paul

July 31- August 2 Robin Lee at Minneapolis

August 21-23 State in St. Paul

Eden Prairie Figure Skating Club

Approved 2/19/2015

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	<u>Session</u>	<u>June 8-July 3</u>	<u>Session</u>	<u>July 5-30</u>	<u>Session</u>	<u>August 3-21</u>
Monday	#1A	7:30-8:15 am Open	#1B	7:30-8:15 am Open	#1C	7:30-8:15 am Open
		8:15-9:00 am		8:15-9:00 am		8:15-9:00 am
	#2A	Open	#2B	Open	#2C	Open
		resurface		resurface		resurface
		9:15-10:00 am		9:15-10:00 am		9:15-10:00 am
	#3A	Open	#3B	Open	#3C	Open
		10:00-10:45 am		10:00-10:45 am		10:00-10:45 am
	#4A	Open	#4B	Open	#4C	Open
Tuesday		9:00 - 9:45 am		9:00 - 9:45 am		9:00 - 9:45 am
	#5A	Open	#5B	Open	#5C	Open
		9:45 - 10:30 am		9:45 - 10:30 am		9:45 - 10:30 am
	#6A	Open	#6B	Open	#6C	Open
		10:30-10:45 am Power		10:30-10:45 am Power		10:30-10:45 am Power
	#7A	class	#7B	class	#7C	class
		resurface		resurface		resurface
		11:00-11:45 am		11:00-11:45 am		11:00-11:45 am
	#8A	Open	#8B	Open	#8C	Open
		11:45 am-12:30 pm		11:45 am-12:30 pm		11:45 am-12:30 pm
	#9A	Open	#9B	Open	#9C	Open
	5:00-5:45 pm		5:00-5:45 pm		5:00-5:45 pm	
#10A	Open	#10B Jr.	6:30-7:00 PM Jr.	#10C	Open	
		Club/Spin	Club/Spins		Open	
#11A Jr.	5:45-6:15PM		7:00-7:45 PM	#11C Jr.	5:45-6:15PM	
Club/Spin	Jr. Club/Spins	#11B	Open	Club/Spin	Jr. Club/Spins	
Wednesday		9:00 - 9:45 am		9:00 - 9:45 am		9:00 - 9:45 am
	#12A	Open	#12B	Open	#12C	Open
		9:45 - 10:30 am		9:45 - 10:30 am		9:45 - 10:30 am
	#13A	Open	#13B	Open	#13C	Open
		resurface		resurface		resurface
		10:45-11:15 am		10:45-11:15 am		10:45-11:15 am
	#14A	Presentation Class	#14B	Presentation Class	#14C	Presentation Class
	11:15 am-12:00 pm		11:15 am-12:00 pm		11:15 am-12:00 pm	
#15A	Open	#15B	Open	#15C	Open	
	12:00 - 12:45 pm		12:00 - 12:45 pm		12:00 - 12:45 pm	
#16A	Open	#16B	Open	#16C	Open	
Thursday		9:00 - 9:45 am		9:00 - 9:45 am		9:00 - 9:45 am
	#17A	Open	#17B	Open	#17C	Open
		9:45 - 10:30 am		9:45 - 10:30 am		9:45 - 10:30 am
	#18A	Open	#18B	Open	#18C	Open
		resurface		resurface		resurface
		10:45-11:30 am		10:45-11:30 am		10:45-11:30 am
#19A	Open	#19B	Open	#19C	Open	
	11:30- 12:15		11:30- 12:15		11:30- 12:15	
#20A	Open	#20B	Open	#20C	Open	
Friday	#21A	7:30-8:15 am Open	#21B	7:30-8:15 am Open	#21C	7:30-8:15 am Open
		8:15-9:00 am		8:15-9:00 am		8:15-9:00 am
	#22A	Open	#22B	Open	#22C	Open
		resurface		resurface		resurface
		9:15-10:00 am		9:15-10:00 am		9:15-10:00 am
#23A	Open	#23B	Open	#23C	Open	
	10:00-10:45 am		10:00-10:45 am		10:00-10:45 am	
#24A	Open	#24B	Open	#24C	Open	