

Eden Prairie Figure Skating Club

Summer 2016 Ice Schedule

June 13-August 26 11 weeks

Additions to Summer Ice Schedule

15 Minute Power Class \$7.00 (Rotating Coaches)

Designed to improve endurance and strengthen muscles. Time will be spent focusing on edge control, posture and arm placement. 1 to 8 Ratio. **This class does not count toward a skaters 2 session minimum.**

Presentation Class ~~\$14.00~~ (taught by Heidi Evers)

CANCELED

The class will focus on heightening skaters' attention to on-ice presentation. Exercises will aim to increase artistry, flow, skating skills, and musicality. Developing these traits will enable skaters to grasp learned steps and choreography at a faster pace and, therefore, will allow advancement in the sport at all levels.

This class does not count toward skaters 2 session minimum.

Notes:

1. Due to the minimum requirement of 2 sessions per week, skaters must be sure to contract for sessions in June, July and Aug.
2. Please note the June schedule runs through **JULY 5th**, July Schedule runs July 6th through July 25th, August Schedule runs July 26th through August 26th.
3. Skaters not in Jr. Club may contract for session # 11A and #10B and #11C. A spins class will be taught at this time for skaters not in Jr. Club.
4. **NO Club ice Friday June 24th, Monday July 4th, and Friday August 5th**

Policies:

- (1) All sessions (except Junior Club/Spins and Presentation/Power Class) have a limit of 22 skaters.
- (2) Junior Club/Spins skater to coach ratio will be 6:1 maximum.
- (3) There are no exchanges (make-ups) for missed Junior Club/Spins, Power and Presentation Class

Competitions:

June 18-19 Star of the North at Chaska

June 24-25 Braemar

August 5 - 7 Robin Lee at Minneapolis

August 26-28 Minnesota State Competition at Woodbury

Eden Prairie Figure Skating Club

Approved 3/10/2016

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Updated 4/20/2016

	<u>Session</u>	<u>June 13-July 5</u>	<u>Session</u>	<u>July 6-25</u>	<u>Session</u>	<u>July 26-August 26</u>
Monday	#1A	7:30 - 8:15 am Open	#1B	7:30 - 8:15 am Open	#1C	7:30-8:15 am Open
		8:15 - 9:00 am		8:15 - 9:00 am		8:15-9:00 am
	#2A	Open resurface	#2B	Open resurface	#2C	Open resurface
		9:15 -10:00 am		9:15 -10:00 am		9:15-10:00 am
	#3A	Open	#3B	Open	#3C	Open
		10:00 -10:45 am		10:00 -10:45 am		10:00-10:45 am
	#4A	Open	#4B	Open	#4C	Open
Tuesday		9:15 -10:00 am		9:15 -10:00 am		9:15 -10:00 am
	#5A	Open	#5B	Open	#5C	Open
		10:00 - 10:45 am		10:00 - 10:45 am		10:00 - 10:45 am
	#6A	Open	#6B	Open	#6C	Open
		10:45 -11:00 am <i>Power class</i>		10:45 -11:00 am <i>Power class</i>		10:45 -11:00 am
	#7A	resurface	#7B	resurface	#7C	<i>Power class</i> resurface
		11:15 am -12:00 pm		11:15 am -12:00 pm		11:15 am -12:00 pm
	#8A	Open	#8B	Open	#8C	Open
		12:00 -12:45 pm		12:00 -12:45 pm		12:00 -12:45 pm
	#9A	Open	#9B	Open	#9C	Open
		5:00-5:45 pm	#10B Jr. Club/Spins	6:30-7:00 pm Jr. Club/Spins	#10C	5:00-5:45 pm Open
#10A	Open		7:00-7:45 pm	#11C Jr. Club/Spin	5:45-6:15 pm Jr. Club/Spins	
#11A Jr. Club/Spin	5:45-6:15 pm Jr. Club/Spins	#11B	Open			
Wednesday		9:15 - 10:00 am		9:15 - 10:00 am		9:15 - 10:00 am
	#12A	Open	#12B	Open	#12C	Open
		10:00 - 10:45 am		10:00 - 10:45 am		10:00 - 10:45 am
	#13A	Open resurface	#13B	Open resurface	#13C	Open resurface
		11:00-11:45 am		11:00-11:45 am		11:00-11:45 am
	#14A	Open	#14B	Open	#14C	Open
		11:45 am-12:30 pm		11:45 am-12:30 pm		11:45 am-12:30 pm
	#15A	Open	#15B	Open	#15C	Open
Thursday		9:15- 10:00 am		9:15- 10:00 am		9:15- 10:00 am
	#17A	Open	#17B	Open	#17C	Open
		10:00 - 10:45 am		10:00 - 10:45 am		10:00 - 10:45 am
	#18A	Open resurface	#18B	Open resurface	#18C	Open resurface
		11:00 -11:45 am		11:00 -11:45 am		11:00 -11:45 am
	#19A	Open	#19B	Open	#19C	Open
	11:45 am - 12:30 pm		11:45 am - 12:30 pm		11:45 am - 12:30 pm	
	#20A	Open	#20B	Open	#20C	Open
Friday	#21A	7:30-8:15 am Open	#21B	7:30-8:15 am Open	#21C	7:30-8:15 am Open
		8:15-9:00 am		8:15-9:00 am		8:15-9:00 am
	#22A	Open resurface	#22B	Open resurface	#22C	Open resurface
		9:15-10:00 am		9:15-10:00 am		9:15-10:00 am
	#23A	Open	#23B	Open	#23C	Open
		10:00-10:45 am		10:00-10:45 am		10:00-10:45 am
	#24A	Open	#24B	Open	#24C	Open